



An Affiliate of the

Gilda's Club New York City | 2019

REPORT

“FOR ME, GILDA’S IS LIKE A PRAYER, I LOVE KNOWING YOU’RE THERE.”

“CANCER
DOESN’T
DEFINE
WHO I AM,
OR ANYONE
IN THE CLUB.”

“The first word that comes to mind when I think of Gilda’s Club is joy, and the joy that I see through my child.”

“Gilda’s Club is an invaluable resource for both people with cancer and their loved ones. I lost my sister to cancer. My support group saved me and helped me move forward and cope with my loss.”

“In order for me to hold up my mom, I need someone to hold me up. Gilda’s Club showed me that I’ll always have a place to come regardless of where my mom stands with her illness.”

“Every time I walk through the RED DOOR, I am in a true COMMUNITY of the human spirit.”

“I truly underestimated the power of group support ... at GILDA’S CLUB you don’t have to face cancer alone.”

“If I had to put a price on the support that I get, a million dollars sounds about right. I think I get a million dollars’ worth of support at Gilda’s Club.”

“ONE WAY OR ANOTHER WE ARE CONNECTED BY ONE WORD, CANCER. AND THAT’S WHAT MAKES IT SPECIAL.”

“When you’re a caregiver, you’re in a completely different world from the patient. You’re speaking a different language from every single person you know, so it was absolutely incredible to find people who spoke the same language.”

“MY FRIENDS AT GILDA’S CLUB BETTER UNDERSTAND WHAT I’M GOING THROUGH, HOW I’M DEALING WITH IT. I DON’T KNOW HOW I COULD HAVE SURVIVED WITHOUT GILDA’S CLUB.”

“I knew immediately from my diagnosis that I would need a system and a community – and so I came immediately. I knew I couldn’t do this by myself.”

FROM THE CEO & CHAIRMAN OF THE BOARD OF DIRECTORS

Dear Friends of Gilda's Club,

As we approach our 25th anniversary in 2020, we are proud to report that Gilda's Club New York City's cancer support program continues its double digit growth of membership — a tribute to the importance of Gilda's legacy and the growing need for our free services available to everyone in New York living with cancer.

Your generosity and commitment to our mission to support, educate and empower cancer patients and their families has been vital for our continued growth in all areas—our program offerings, our diversity, our presence at New York City hospitals, the increased number of new members served, and the incredible response we receive from our members. This year we had an unprecedented number of Member Satisfaction Surveys completed. The results validate the importance of our free program for cancer patients and their families: **96% of our members rated their experience very good to excellent!**

With your generous funding, we have been able to offer over support groups, educational lectures and healthy lifestyle workshops and social activities — in both English and Spanish to cancer patients and their families — men, women, teens and children from 5 years of age and above. We believe that no one should face cancer alone — whether they are diagnosed with cancer, a caregiver, a family member, or have lost a loved one to cancer. Our welcoming community has always been available to everyone impacted by cancer, **100% free of charge.**

Every day in New York City, there are over 100 people who are newly diagnosed with cancer. It is your generous support that has made a difference and ensures that Gilda's Legacy lives on. Thank you so much for your continued commitment to Gilda's Club New York City.

Sincerely,



Lily Safani
CEO



William S. Slattery
Chairman of the Board of Directors



LILY SAFANI
CEO



WILLIAM S. SLATTERY
CHAIRMAN OF THE BOARD OF DIRECTORS

A black and white portrait of Gilda Radner. She is shown from the chest up, looking slightly to the right of the camera with a gentle smile. Her hands are clasped together in front of her, resting near her chin. She has short, dark, curly hair and is wearing a dark, textured cardigan over a dark top. A thin bracelet is visible on her left wrist. The background is a plain, light color.

“
LIFE IS ABOUT NOT
KNOWING, HAVING TO
CHANGE, TAKING THE
MOMENT AND MAKING
THE BEST OF IT,
WITHOUT KNOWING
WHAT'S GOING TO
HAPPEN NEXT.
”

— GILDA RADNER

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An Affiliate of the

Our free cancer program includes support groups, educational lectures and healthy lifestyle workshops for everyone impacted by cancer – men, women, teens, and children.

GILDA'S CLUB NYC **IMPACT**



During a time in my life to which chaos and fear ruled, Gilda’s Club met me with gentleness, ensured me that they’ve “got this” and steadied my journey through a perfect storm. As well, my family found the programs to be invaluable. I can only hope that Gilda’s continues to offer FOREVER their priceless gift.

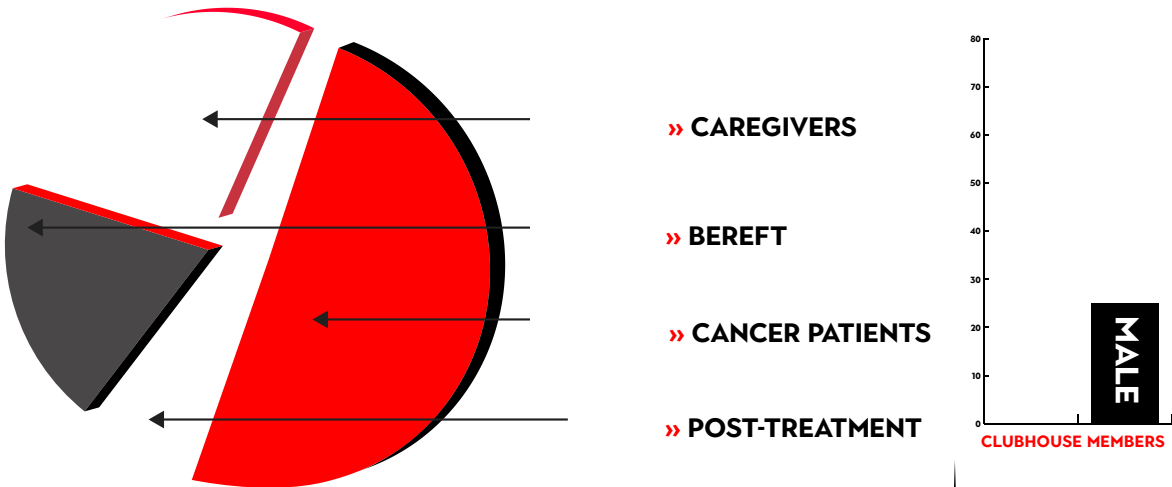
5

Kings County Hospital
Elmhurst Hospital
Lincoln Hospital
Metropolitan Hospital
Ruttenberg Treatment Center [@] Mount Sinai Hospital
Dubin Breast Center [@] Mount Sinai Hospital

GILDA’S CLUB NYC

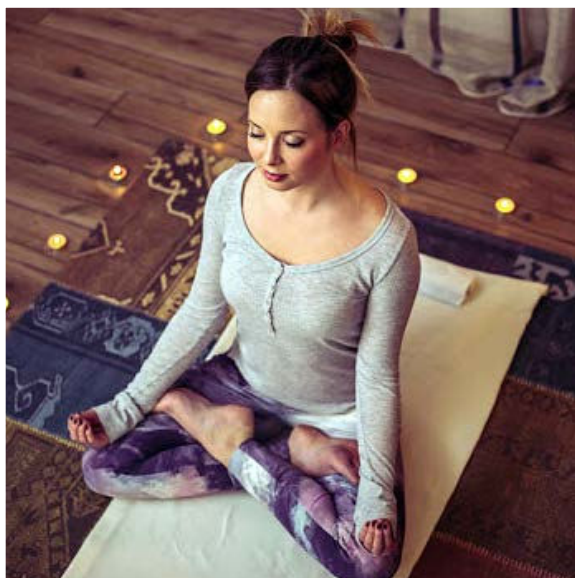
DEMOGRAPHICS

47% WHITE | 21% AFRICAN-AMERICAN | 15% WHITE & BLACK-HISPANIC | 4% ASIAN/PACIFIC ISLANDER | 13% UNKNOWN



“ AT GILDA’S CLUB — NO ONE HAS TO FACE CANCER ALONE. ”

2019 PROGRAM HIGHLIGHTS



NEW WORKSHOP: REIKI & SOUNDWAVE MEDITATION

In 2019 we launched a new workshop combining two ancient techniques – Reiki and Soundwave Meditation. The Reiki & Soundwave Meditation workshop is one of the many stress reduction workshops in our program. We added this unique offering based on member interest. Reiki & Soundwave Meditation helps promote a sense of calm and balance to the individual. Every session is filled with the intention of “leaving lighter than when you entered,” using hands-off Reiki and an assortment of sound instruments.

The workshop combines Reiki – a Japanese healing technique based on the principle of channeling energy to restore balance, physical, spiritual and emotional healing – and Soundwave Meditation which immerses members in an intuitive sound healing journey through chakras and the use of various instruments. Members responded very positively to this new workshop, which was one of the most highly attended and anticipated workshops on our annual schedule.



YOUNG ADULT PROGRAM EXPANSION

Young adults are the most underserved patient population by age, and cancer incidence in young adults has increased more than any other age group. To meet the demands of our growing young adult population in 2019 we expanded our program and offered three monthly support groups: **Young Adults Living with Cancer; Young Adult Caregivers; and Young Adults Living with Loss.** In the second half of 2019, our “Young Adult Bereavement” and our “Young Adults Living with Cancer” support groups both boasted participation increases of 150% as compared to the previous fiscal year.

Our young adult program is building community, decreasing isolation and meeting the unique needs of this population. Some of the themes and topics that our young adult members have focused on include, but are not limited to: fertility, surrogacy, IVF, communication with peers and colleagues, balancing cancer and work, balancing cancer and social life, dating, and parenting. While these topics can be discussed within our weekly support groups, many of our young adult members have shared that having the opportunity to directly connect with other young adults regarding these issues has been incredibly helpful and supportive.

Source: NCI SEER Data, 2015



GILDA COMES TO YOU: METROPOLITAN HOSPITAL CENTER

Gilda Comes to You expanded in Manhattan with the addition of our fifth hospital partner, Metropolitan Hospital Center (MHC) on the Upper East Side. MHC, located in East Harlem, welcomed our Spanish bi-lingual Patient Navigator on-site bi-weekly to provide cancer patients with resources, information and support.

Our *Gilda Comes To You* program, launched in 2003, allows us to reach more New Yorkers impacted by cancer who aren't able to travel to our West Village Clubhouse, particularly the underserved populations of New York City. Our partner sites include the Ruttenberg Treatment Center and Dubin Breast Center at Mount Sinai Hospital in East Harlem and Kings County Hospital in Brooklyn. Our Patient Navigator is on-site at Elmhurst Hospital in Queens and Lincoln Hospital in the Bronx, increasing awareness of our services and resources. With our new partner Metropolitan Hospital, we have expanded these services further into the East Harlem community.



BREAST CANCER RISK REDUCTION EDUCATION GRANT

In collaboration with the Icahn School of Medicine at Mount Sinai, Gilda's Club NYC received a Patricia S. Brown Breast Cancer Risk Reduction Education Grant to assist in an education program on breast cancer and breastfeeding, a risk factor for triple-negative breast cancer. The three goals of this program were to identify African American women's needs for an educational breast health program, develop the educational breast health program to increase awareness of breast cancer risks and improve African American women's breastfeeding initiation and continuation, and to conduct a pilot study to test the efficacy of the program.

The ongoing research aims to develop an educational program for reducing breast cancer disparities among African American women. The results have the potential to provide important information about African American women's breastfeeding support needs, address solutions to increase participation in this protective behavior, and educate African American women about reducing their personal breast cancer risk. The end result is to help reduce the risk of breast cancer for childbearing African American women.

Gilda's Club NYC was selected by Mount Sinai as a sub-awardee for this grant because of our longstanding work in providing psychoeducational support and our commitment to ensuring that no one faces cancer alone.

| MEMBER SPOTLIGHT



have been diagnosed with cancer twice and my family and I came to Gilda's Club after my second diagnosis because it was overwhelming. Gilda's Club to me is the place that is holding my family above water right now.

My support group at Gilda's Club is very dear to me, because it really helps just being in the same room with people who are in the same situation as I am for two hours a week.

But above and beyond my own support group, one of the most special things about Gilda's Club is that it's not just for me. My husband and my daughters also receive support in this unique community that supports us all. The fact that my whole family can come to one place, and we can all share it together makes it really feel like a bit of a home. I physically feel better when I walk out than when I walked into the Clubhouse. I can see that my daughter walks out of Noogieland about double the size that she walked in after just being with her friends here that are going through a similar experience.

Because Gilda's Club is free, it is available to everyone. I don't know that we could afford this amount of support without Gilda's Club because right now we have one salary. Cancer creates so many economic worries when one adult household member, suddenly can't work. All the unforeseeable expenses bring on a lot of worries, and Gilda's Club providing the support they do at no cost to us just takes away some of that worry.

When you walk in that red door, you can leave your worries outside. Everything is just about making your life as balanced and comfortable as possible, because you have enough on your plate. I am so thankful for this beautiful community that supports me and my entire family.

**GILDA'S CLUB IS A
HOME AWAY FROM
HOME. GILDA'S CLUB
IS A LITTLE NEST
THAT KEEPS YOU UP.
GILDA'S CLUB IS A
COMMUNITY.**

MEMBER SPOTLIGHT



**GILDA'S CLUB IS LOVE,
HELP, AND COMPASSION.
I AM VERY PROUD AND HAPPY
TO BE A MEMBER OF THIS
SPECIAL COMMUNITY.**

first learned about Gilda's Club while I was at Mount Sinai receiving treatment for my leukemia. The Gilda's Club Patient Navigator, Nadia, invited me to the Spanish-speaking support group, Amigos Unidos, and I started to go right away. I felt better almost immediately for being a part of this community that really understood what I am going through.

In 2007, I was diagnosed with breast cancer and then in 2017 at a checkup appointment the doctors told me that I had leukemia. It was after this second diagnosis with cancer that I joined Gilda's Club and at first I only attended Amigos Unidos at Mount Sinai. But then I visited the Clubhouse for yoga and an art workshop and I loved it.

The community at Gilda's Club helped me so much that I encouraged my husband to attend a group and now he's a member too. He attends a group for caregivers and he has gained so much from his group and the support that Gilda's Club provides.

Together, we attended the Celebracion de Miembros in September at the Clubhouse, it is an annual social event for the Gilda's Club Latino cancer survivors and their families.

Seeing my husband socializing with his group members and friends at the event was so good for me, it was so important for me to see and to know that Gilda's Club is here to support him as well; he's not alone.

The fact that Gilda's Club is 100% free ... it means the world to us. I thank God, and I thank my Gilda's Club community, for supporting us throughout all of this experience with cancer.

a primera vez que aprendí sobre el Club Gilda estaba en Mount Sinai recibiendo tratamiento para mi leucemia. Nadia, la navegante de pacientes del Club Gilda's, me invitó al grupo de apoyo en Español, Amigos Unidos, y comencé a ir de inmediato. Me sentí mejor casi de inmediato por ser parte de esta comunidad que realmente entendió lo que estoy pasando.

En 2007, me diagnosticaron cáncer de mama y luego, en 2017, en una cita de revisión, los médicos me dijeron que tenía leucemia. Fue después de este segundo diagnóstico de cáncer que me uní al Club Gilda y al principio solo asistí a Amigos Unidos en Mount Sinai. Pero luego visité el Clubhouse para practicar yoga y un taller de arte y me encantó.

La comunidad del Gilda's Club me ayudó tanto que animé a mi esposo a asistir a un grupo y ahora él también es miembro. Asiste a un grupo de cuidadores y ha ganado mucho de su grupo y del apoyo que brinda el Club de Gilda.

Juntos, asistimos a la Celebración de Miembros en septiembre en el Clubhouse, es un evento social anual para los sobrevivientes de cáncer latino de Club Gilda's y sus familias.

Ver a mi esposo socializar con los miembros de su grupo y amigos en el evento fue tan bueno para mí, fue tan importante para mí ver y saber que el Club Gilda está aquí para apoyarlo también; No está solo.

El hecho de que Gilda's Club sea 100% gratis ... significa el mundo para nosotros. Agradezco a Dios, y a mi comunidad del Club Gilda, por apoyarnos durante toda esta experiencia con el cáncer.

**GILDA'S CLUB ES
AMOR, AYUDA Y
COMPASIÓN. ESTOY
MUY ORGULLOSO
Y FELIZ DE SER
MIEMBRO DE ESTA
COMUNIDAD
ESPECIAL.**

GILDA'S CLUB NYC | 2019 SPECIAL EVENT HIGHLIGHTS



1. **Sunday, May 5, 2019**

28 Riders
Raised: \$30,870



2. **Wednesday, May 8, 2019**

Metropolitan Club
Red Door Award for Leadership:
Lori H. Bush, *Chairwoman,*
Board of Managers, New Avon
Red Door Award for Advances in Healthcare:
Julie L. Gerberding, M.D., M.P.H.,
EVP & Chief Patient Officer,
Strategic Communications,
Global Public Policy, Population Health
& Patient Engagement,
Merck & Co., Inc.

Keynote Speaker:
Titia de Lange, Ph.D.
Laboratory of Cell Biology and Genetics Director,
Anderson Center for Cancer Research,
Rockefeller University
Host: Gerri Willis, *Anchor and Correspondent,* Fox Business Network
Raised: \$341,050



3. Thursday, June 13, 2019

City Winery NYC
Raised: \$78,306

4. Sunday, November 3, 2019

28 Runners
Raised: \$106,736

5. Thursday, November 7, 2019

The Pierre Hotel
Red Door Award for Leadership:
 Donald A. Deieso, Ph.D.,
Executive Chairman & CEO,
 WCG (WIRB-Copernicus Group)
**Red Door Award for Advances
 in Cancer Research:**
 Lewis C. Cantley, Ph.D.,
*Meyer Director, Sandra and
 Edward Meyer Cancer Center,*
 Weill Cornell Medicine &
 NewYork-Presbyterian Hospital

The Gilda Radner Award:
 Vanessa Bayer, *Actress,*
Comedian, and Author

Host: Bill Ritter, *Anchor, Eyewitness
 News, WABC-TV, Correspondent,*
 ABC News, 20/20

Raised: \$878,998

THE FOLLOWING INDIVIDUALS, CORPORATIONS, AND FOUNDATIONS GENEROUSLY DONATED \$250 OR MORE BETWEEN JANUARY 1 AND DECEMBER 31, 2019.

Anonymous Slattery Family Foundation WIRB-Copernicus Group, Inc.	The Charitable Trust for Emilie Katherine Campbell The Ellen Burzon Family The Griffith Family Charitable Foundation Inc. The Mai Family Foundation The Orchard The Stateside Foundation W2O Weill Cornell Medicine	Mervyn J. Turner Mindy Waters & William Nash
Merck & Co., Inc. New York City Department of Health & Mental Hygiene		Julian Adams & Patti Levin Anonymous Ritu Baral Ivy Beloff Mike Bernstein Judith Berson Bisgeier Family Foundation Broadway Advance LLC Brookfield Properties Alexandra Cantley Anla Cheng Eric Chun Chris Coyne Craig Drill Capital Anthony & Judith Evnin Peter Faroni Fidelity Charitable Gift Fund Filomen M. D'Agostino Foundation Howard Furst Linda Christine Henriques Laurie Jackson Jane & Frances Stein Foundation Thomas Jirgal Victoria S. Kaplan, P.C. Lesley Kelly Rae Krelitz Peter Kupersmith Helen Lin Geraldine Losquadro Lovinger Family Foundation Eugene Mancino Robert Masella Daniel Mazmanian Kristen Neimeth New York City Council/Manhattan Borough President Michael Paletta Palm Restaurant Inc. Vito & Nancy Palombella Barbara Paskoff Matthew R. Patterson Andrew Plump M.D., Ph.D. Edward Richard Alexander Scott Michael Silvestro Dave Spaight Danielle Stanziale Cora Sternberg Andrew Taing The Arts Project of Cherry Grove NY, Inc.
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Nicholas Soscia
Catherine Xie
Doug Yolen

FINANCIALS

The financial statements referred to below present fairly, in all material respects, the financial position of Gilda's Club New York City, Inc. as of June 30, 2019, and the changes in its net assets and its cash flows for the years then ended in accordance with accounting principles generally accepted in the United States of America.

STATEMENT OF ACTIVITIES YEAR ENDED JUNE 30, 2019

	2019	Unrestricted	Temporarily Restricted	Total
Changes in Net Assets				
Revenue and Other Support Contributions	\$	952,079	\$ 59,704	\$ 1,011,783
Government grants ^(Note 5)		10,914	58,000	68,914
Special events income		1,340,387	-	1,340,387
Less: Direct expenses		(237,754)	-	(237,754)
Donated materials ^(Note 9)		2,778	-	2,778
Other income		3,025	-	3,025
		2,071,429	117,704	2,189,133
Net assets released from restrictions		104,229	(104,229)	-
Total Revenue and Other Support	\$	2,175,658	\$ 13,475	\$ 2,189,133
Expenses				
Program Services		1,839,703	-	1,839,703
Supporting Services				
Management and general		141,595	-	141,595
Fundraising		285,422	-	285,422
Total Supporting Services		427,017	-	427,017
Total Expenses		2,266,720	-	2,266,720
Increase (decrease) in net assets		(91,062)	13,475	(77,587)
Net assets, beginning of year		1,332,292	138,754	1,471,046
Net Assets, End of Year	\$	1,241,230	\$ 152,229	\$1,393,459

 **81% OF ALL DONATIONS GO DIRECTLY TO PROGRAMS**

Note 5 – Unconditional Promises to Give

Unconditional promises to give due after one year are discounted to net present value using a discount rate of 3% per annum. During the year ending June 30, 2019 approximately 78% of government grants were from two government agencies.

Note 9 – Donated Materials

GCNYC received donated materials with a value of \$2,778 and \$6,369 during the year ending June 30, 2019.





OUR MISSION:



An Affiliate of the

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